First In Families of North Carolina
Providing direct support to families and individuals in North Carolina since 1995

Our Mission
We are a catalyst for people with disabilities and their families in North Carolina to meet their self-defined needs by leveraging relationships and resources, and encouraging reciprocity in their communities.

Our Vision
People with disabilities and their families believe in their dreams, achieve their goals, connect in their communities, and give back to others.

What does First In Families offer?
We offer several types of direct support to individuals and families of all ages who experience developmental and other disabilities. These supports include:

Family Support to people with developmental disabilities or traumatic brain injuries and their families living in 100 counties across NC. A family or individual applies to First In Families for help meeting a specific need. FIF staff find a way to get the need met by one of the following means:

- Referral to existing service or agency
- Negotiation with a local business to provide the goods or service at a deep discount or free of charge
- Direct purchase
- Barter of service by family/individual for the needed item or service

See contact info on back for different regions.

Future Planning Support for parents of individuals with disabilities, who are worried about what will happen to their children when they are no longer there to advocate, organize, support and provide love for their family member. Future planning support is offered through our Lifetime Connections program.

Personal Networks for individuals with physical or developmental disabilities, traumatic brain injury, mental illness, or other challenges. The personal networks are organized and maintained through our Lifetime Connections program. Contact Scott Secor at ssecor@fifnc.org or 919-251-8368 x102.

NCSibs connects adult siblings of individuals with disabilities with one another, and with supports available to them as their relationships with their siblings grow and evolve. Visit www.ncsibs.org for more information.

Benefits Enrollment Center works to enroll adults with disabilities and seniors in benefits they might qualify for including: Prescription Drug Help, Medicare Savings Program, SNAP/Food Stamps, Heating/Cooling savings. Contact 919-251-8368 or bec@fifnc.org

Visit www.fifnc.org for more information.
FIFNC is a 501(c)3 nonprofit N.C. corporation.
How we made a difference in 2015-2016

- FIF met the direct support needs of **2,117 families** across all 100 North Carolina counties through all of our programs

- Generated **$514,392.05 of in-kind contributions, donations and mini-grants** to add to our State funding, adding a value of 31 cents to every State dollar

- Received **$114,955.13** in *volunteer services* used to support our activities

**Contact Information for Local FIF Chapters**

- **Central Carolina FIF** – (919) 251-8368; serves Orange, Person and Chatham counties
- **Cumberland FIF** – (910) 872-3167; serves Cumberland County
- **FIF of Durham County** – (919) 724-3423; serves Durham county
- **Five County FIF** – (919) 943-5757; serves Franklin, Granville, Halifax, Vance and Warren counties
- **FIF of Gaston, Cleveland & Lincoln Counties** – (704)-689-6648; serves Gaston, Cleveland and Lincoln counties
- **FIF of Johnston County** – (252) 373-7041; serves Johnston county
- **FIF of Mecklenburg County** – (704) 536-6661 x. 437; serves Mecklenburg county
- **FIF of the Sandhills** – (800) 909-9272; serves Anson, Harnett, Hoke, Lee, Montgomery, Moore, Randolph and Richmond counties
- **FIF of Southeastern NC** – (910) 523-1785; serves Brunswick, Carteret, New Hanover, Onslow and Pender counties
- **FIF of the Southern Piedmont** – (704) 261-1550 x. 205; serves Cabarrus, Davidson, Rowan, Stanly and Union counties
- **High Country FIF** – (866) 667-3398; serves Alleghany, Ashe, Avery, Watauga and Wilkes counties
- **Smoky Mountain FIF** – (866) 667-3398; Cherokee, Clay, Graham, Haywood, Jackson, Macon and Swain counties
- **Triad FIF** – (336) 757-8721; serves Davie, Forsyth and Stokes counties
- **Wake County FIF** – (919) 886-3973; serves Wake county
- **Lifeline Project** – (919) 251-8368, x. 103; serves counties not served by a FIF Chapter

Visit [www.fifnc.org](http://www.fifnc.org) for more information.
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