Treatments for Addiction
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Contents

- Review of ASAM Placement Criteria.
- Review of the Levels of Care available in Partners BHM service array.
- Identification of providers offering services for each level of care.
- Snapshot of a client that would be appropriate for each level of care.
Levels of Care

ASAM (American Society of Addiction Medicine)
Patient Placement Criteria

1. Acute Intoxication and/or Withdrawal Potential
2. Medical Conditions and Complications
3. Emotional/Behavioral/Cognitive Conditions
4. Readiness to Change
5. Relapse/Continued Use/Continued Problem Potential
6. Recovery Environment
Early Intervention (0.5)

Treatment
Counseling for those at high risk for alcohol or other drug problems (e.g., DUI’s, school-based early intervention).

Providers
DUI treatments (ADETS)
School-based early intervention
Office based therapy

Snapshot
Adolescent girl caught by her parents at a party where alcohol was being consumed. She denies consuming alcohol, but has become involved with a new group of friends who do consume alcohol on the weekends.
Level I - Outpatient Treatment

Treatment

Individual, group and family counseling services

Providers

Office practices, health clinics, medical offices, and mental health clinics

Snapshot

Young adult male is charged with his first DUI. He breathalyzer results were just above the legal limit. He reports, “Sometimes I have a few drinks after work to deal with stress.” He has no prior criminal charges.
Opioid Treatment Program

Treatment

The use of approved medications (Methadone, Suboxone) to reduce opioid use.

Providers

McLeod Addictive Disease Center
Addiction Recovery Medical Services

Snapshot

Adult male has been using heroin daily for the past 9 months. He reports experiencing withdrawal symptoms. He has stable housing and is open to participating in support groups.
Level II - Substance Abuse Intensive Outpatient Program (SAIOP)

Treatment
An intensive 90-day outpatient program involving individual, group, and family counseling and educational sessions occurring at least 3 days per week.

Providers
Addiction Recovery Medical Services
Phoenix Counseling & Crisis Centers
Clay Wilson & Associates
Outreach Management Services
Daymark Recovery Services
Support Incorporated
Sunpath

Snapshot
An adult male who reports using cocaine 2-3 times per week. He is currently on probation for a possession charge. He exhibits symptoms of depression which often trigger his drug use. He has a very limited sober support system but does have stable housing.
Substance Abuse Comprehensive Outpatient Treatment (SACOT)

Treatment
A comprehensive outpatient program occurring at least 5 days per week 4 hours a day. Service includes individual, group, and family therapy and education. Participants have access to psychiatric care also.

Providers
Phoenix Counseling & Crisis Services
Clay Wilson & Associates
Sunpath
Self Concepts Clinical Counseling Services

Snapshot
A middle aged female trauma survivor who reports using non-prescribed opioids 3-4 times per week. She denies experiencing withdrawal symptoms. Additionally, she is prescribed Xanax, and reports that she often runs out of it before the end of the month. She has no history of seizures. She lives alone with a very limited support system.
Level III – Halfway Houses

Treatment
Provides basic treatment services within a safe living environment.

Providers
Flynn Homes
Exodus Homes

Snapshot
A young adult male with a history of cocaine and alcohol use. He has just finished a residential treatment program. He attends N/A meetings daily and has recently obtained employment.
Residential Substance Abuse Treatment

Treatment

A structured recovery environment in combination with clinical services. For example, a therapeutic rehabilitation facility offering long-term care.

Providers

TROSA
FIRST at Blue Ridge

Snapshot

Homeless male adult who reports daily heroin use. He recently completed a medical detox, and only experiencing minimal withdrawal symptoms. He has no family or sober support system. His criminal record, homelessness, and lack of transportation have been barriers to obtaining employment. Prior to entering detox, he was sleeping on the street.
**Substance Abuse**

**Community Residential Treatment**

**Treatment**

Short-term, within a facility 24 hours per day, wither medically or non-medically monitored depending on severity of need. Includes individual, group, and family therapy, and coping skills training.

**Providers**

Addiction Recovery Care Association (ARCA)

Phoenix Counseling & Crisis Centers

**Snapshot**

Middle aged woman with a history of cocaine and alcohol use. She just completed a 7 day stay at a Facility Based Crisis center. During her stay, she was diagnosed with Bipolar Disorder, and prescribed a mood stabilizer. She has very limited coping skills, but does have a supportive family. She will return to her family’s residence when she completes treatment.
Facility Based Crisis (FBC)

Treatment

Short-term 24-hour treatment facility for adults with mental health or substance use issues. Designed to stabilize acute or crisis situations. Intended to help with detox, managing behavior, and coping skills.

Providers

Phoenix Counseling & Crisis Centers
Daymark Recovery Services

Snapshot

Middle aged man who has been consuming 5-6 drinks every day for the past 3 months. He stopped drinking 2 hours ago, and is experiencing moderate withdrawal symptoms. He has a history of high blood pressure that is not well controlled.
Level IV – Hospital Detoxification

Treatment
Primary medical and nursing services used to service severe medical, emotional or behavioral problems during detoxification.

Providers
Carolinas HealthCare System-Kings Mountain
Carolinas HealthCare System-Blue Ridge
Any Psychiatric Hospital

Snapshot
Middle aged woman who uses alcohol daily, as well as non-prescribed benzodiazepines. She reports experiencing withdrawal symptoms. She has a history of seizures.
In Conclusion…

- Partners BHM has a robust treatment continuum for substance use disorders
- Our ACCESS to Care clinicians can help match consumers with the appropriate level of care
- We are always working to expand our services and providers to meet the needs of our consumers.
Access to Care Line:

Access to Care Line
1-888-235-HOPE (4673)
Questions?