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# OPIOID SUMMIT



HOSTED BY THE

**PARTNERS TRAINING ACADEMY**

- MENTAL HEALTH
- DEVELOPMENTAL  
DISABILITIES
- SUBSTANCE ABUSE

NORTH CAROLINA

**COUNCIL OF  
COMMUNITY  
PROGRAMS**

# OPIOID SUMMIT 2016



HOSTED BY THE  
**PARTNERS TRAINING ACADEMY**



## Welcome to the Opioid Summit!

Thank you for joining us for our Opioid Summit today. Our goal is to provide you with tools and strategies to reduce opioid-related deaths and promote substance use disorder recovery in North Carolina.

You are on the frontlines of the Opioid Epidemic and we need your help in turning this devastating trend around. Consider this event a collaborative space where you can interact and learn from leading experts, renowned researchers and local colleagues.

We are proud to offer this educational event free-of-charge because with your help we can improve lives and strengthen communities – which is our mission at Partners Behavioral Health Management.

We are the local manager of public mental health, substance use disorder and intellectual and developmental disabilities treatment available through Medicaid and state and local funding. We contract with care providers to make sure that a full range of behavioral health treatment options is available for individuals eligible for services.

Through the Partners Training Academy, the host of today's summit, we are committed to providing quality, affordable training options for our providers, our members and the communities we serve. We appreciate the time and energy you commit to this important work today and every day.

Thank you for being here,

A handwritten signature in black ink, appearing to read "W. Rhett Melton".

W. Rhett Melton, CEO  
Partners Behavioral Health Management  
[www.PartnersBHM.org](http://www.PartnersBHM.org)



NORTH CAROLINA  
**COUNCIL OF  
COMMUNITY  
PROGRAMS**

## Greetings from NC Council of Community Programs,



The NC Council of Community Programs is pleased to join with Partners Behavioral Health Management in bringing the Opioid Summit to you.

We hope today will provide important and timely information to those of you who are helping to address the deadliest drug epidemic in our nation's history.

We are a nonprofit association whose membership includes local management entities and managed care organizations (LME-MCOs) across North Carolina. The Council offers policy analysis, legislative support, information, and training throughout the state to address system-wide issues impacting individuals receiving mental health, substance use disorders, and intellectual and developmental disabilities.

Through newsletters, trainings, conferences, and our website, the Council maintains a large communication network. We encourage you to take advantage of these tools. You can find more information at [www.nc-council.org](http://www.nc-council.org).

To join our email list and learn about upcoming trainings, please contact Joanna Linn, our Strategic Initiatives and Special Projects Director, at [jlinn@nc-council.org](mailto:jlinn@nc-council.org).

Mary A. Hooper, ACSW  
Executive Director  
North Carolina Council of Community Programs  
[www.nc-council.org](http://www.nc-council.org)

# OPIOID SUMMIT SCHEDULE

Friday, March 11, 2016, Statesville Civic Center, 300 S Center St, Statesville, NC 28677

7:45-8:30 a.m.	Registration
8:30-8:55 a.m.	1 Welcome and Announcements <i>Prevention Overview - Sarah Potter; Rooms A, B &amp; C</i>
9:00-10:15 a.m.	2 Motivational Interviewing for Healthcare Professionals .....pg. 7 <i>David R. Swann; Room D</i>
9:00-10:15	3 Suboxone: Who, What, When, Where and Why .....pg. 7 <i>Dr. Bobby Kearney; Media Room</i>
9:00-10:15	4 Pitfalls of Using Opioids for the Treatment of Chronic Pain .....pg. 8 <i>Dr. Mel Pohl; Rooms A &amp; B</i>
9:00-10:15	5 Law Enforcement Innovations .....pg. 8 <i>Donnie Varnell; Rooms G &amp; F</i>
9:00-10:15	6 Non-Narcotic Interventions for Pain Management.....pg. 9 <i>Dr. Kashyap Patel; Room E</i>
10:15-10:30 a.m.	Break
10:30-11:45 a.m.	7 Suboxone: Who, What, When, Where and Why .....pg. 9 <i>Dr. Bobby Kearney; Rooms A &amp; B</i>
10:30-11:45	8 NC Good Samaritan Law Overview .....pg. 9 <i>Hyun Namkoong; Room E</i>
10:30-11:45	9 Panel Discussion: Partnership for Success Grant.....pg. 10 <i>Facilitated by Maceo Mayo</i> <i>Panelists: Dr. Melinda Pankratz, Andrea Garraway, DeShay Oliver, Regina Propst, Joe Marks, Jane Casarez, Donna Parks Hill; Media Room</i>
10:30-11:45	10 Pregnant Women with Opioid Addiction .....pg. 10 <i>Dr. Velma Taormina &amp; Gaston County STAR Program members; Room D</i>
11:45 a.m.-12:15 p.m	Lunch Break
12:15-1:30 p.m.	11 <b>Keynote Presentation: Why Integrate Addiction Care into Mainstream Medicine?</b> .....pg. 11 <i>Dr. Thomas McLellan; Rooms A, B &amp; C</i>

1:30-1:45 p.m	Break
1:45-3:00 p.m.	12 Pain and Addiction, Challenges and Controversies ..... <i>pg. 12</i> <i>Dr. Mel Pohl; Rooms A &amp; B</i>
1:45-3:00	13 Expanding Naloxone Access in NC ..... <i>pg. 12</i> <i>Hyun Namkoong; Media Room</i>
1:45-3:00	14 Panel Discussion: Partnership for Success Grant..... <i>pg. 13</i> <i>Facilitated by Maceo Mayo</i> <i>Panelists: Dr. Melinda Pankratz, Andrea Garraway,</i> <i>DeShay Oliver, Regina Propst, Joe Marks,</i> <i>Jane Casarez, Donna Parks Hill; Rooms G &amp; F</i>
1:45-3:00	15 Panel Discussion: The Continuum of Care ..... <i>pg. 13</i> <i>Facilitated by Lynne Grey</i> <i>Panelists: Kelli Haas, Kevin Oliver, Corey Richardson,</i> <i>Dr. Nilima Shukla; Room E</i>
1:45-3:00	16 Integrated Care/Evidence-Based Screening Tool for Rapid Identification of Substance Use Disorders and Mental Health Disorders ..... <i>pg. 14</i> <i>David R. Swann; Room D</i>
3:00-3:15 p.m.	Break
3:15-4:30	17 Voices of Recovery ..... <i>pg. 15</i> <i>Facilitated by Georgeina Koontz</i> <i>Panelists: Cornelia Pringle, Marty Burton, Corey Richardson;</i> <i>Rooms A, B &amp; C</i>

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## **We would like to thank the members of the Opioid Summit Steering Committee for their valuable input and assistance in planning this event:**

- Chaired by Barbara Hallisey, LCSW, Partners Behavioral Health Management
- Administrative Support by Veronica Somerville, Partners Behavioral Health Management
- NC Council of Community Programs: Joanna Linn, Ph.D., LPCS, LCAS, CCS
- Partners Behavioral Health Management: Janet Noblett; Michael Clark, MD; Tara Conrad, MSW, LCASA, LCSWA; Lynne M. Grey, MA, LPC, LCAS, CSI; Octavio Salazar, MD; Barbara Hallisey, LCSW; Veronica Somerville
- Addiction Recovery Management Services: Jill Blackwelder, LPCS, LCAS, CCS, NCC
- Burke Recovery: Joe Marks
- Cognitive Connections: Julie Walker
- Daymark Recovery Services: Sharon Wilcox; Holly Burgdofer; Marc Davis
- Insight Human Services: Regina Propst
- McLeod Center: Elizabeth McKinney; Monica Harris
- NC Access Care: Julie Pohlman
- Phoenix: Georgeina Koontz, MA, LCAS, CCS; Kevin P. Oliver, MA, MPA, LCAS
- RHA: Andrea Garraway, MA, LCASA, LPCA, CSAPC (R); Maceo Mayo III CSAPC, ICPS, CSAC (R), CPSS
- Surry County Health and Nutrition Center: Karen Eberdt

## **Educational Credits**

NC Council of Community Programs and Partners Behavioral Health Management are cosponsors of this program. This co-sponsorship has been approved by the National Board for Certified Counselors (NBCC). NC Council of Community Programs is an NBCC Approved Continuing Education Provider, ACEP No. 6731. The ACEP is solely responsible for this program, including the awarding of NBCC credit.

- The North Carolina Substance Abuse Professional Practice Board (NCSAPPB) will issue the following types of credit for this Opioid Summit: Substance Abuse Specific Training (SS) and Evidence-Based Treatment Approaches (EBT). The NCSAPPB is offering 1.25 hours per session, including the welcome session, keynote presentation and Voices of Recovery closing session, with a potential total of up to 6.75 hours SS (2.5 EBT).
- The National Board for Certified Counselors (NBCC) will issue 1.25 continuing education (CE) credit hours per session for this Opioid Summit, including the keynote presentation. This certification is 1.25 NBCC CE hours for each session, with a potential total of 5 NBCC CE hours.
- Approval for continuing medical education (MCE) credit is pending from the NC Academy of Family Physicians for this Opioid Summit.

## 2. Motivational Interviewing for Healthcare Professionals

Location: Room D

Motivational Interviewing (MI) is a goal-directed, client-centered counseling style for eliciting behavioral change by helping patients to explore and resolve ambivalence. The operational assumption in MI is that ambivalent attitudes or lack of resolve is the primary obstacle to behavioral change, so that the examination and resolution of ambivalence becomes its key goal. MI has been applied to a wide range of problem behaviors related to alcohol and substance abuse as well as health promotion, medical treatment adherence, and mental health issues. Learners will review and practice the skills of MI and how to use it to assess and engage patients that may have Substance Use Disorders in health care settings.

*Presenter: David Swann, LCAS, CCS, LPC, NCC*, Senior Consultant with MTM Services and National Council for Community Healthcare. Mr. Swann is a Licensed Clinical Addictions Specialist, Certified Clinical Supervisor, Licensed Professional Counselor, and is a National Board Certified Counselor. He also serves on numerous national, state and local boards whose programs are designed to deliver high quality health and behavioral healthcare. He is the co-author of *Operationalizing Healthcare Reform* published by the National Council for Behavioral Healthcare in April 2013. Most recently, David Swann's work has been highlighted in the manual *The Integration of a Mental Health Professional into the Primary Care Setting: A Manual For Pediatric Providers* (2009), and the *Open Minds Industry Feature: A Commitment to Make A Difference – Mental Health Reform in North Carolina* (2007).

## 3. Suboxone: Who, What, When, Where and Why

Location: Media Room

Medicated assisted treatment (MAT) for opioid addiction may be provided in an OTP or an OTP medication unit (e.g., pharmacy, physician's office) or, for buprenorphine, a physician's office or other health care setting. Physicians working in medical offices or other appropriate settings must obtain a waiver from SAMHSA to use buprenorphine to treat opioid addiction.

The most frequently used medication for opioid addiction treatment in OTPs is methadone. This presentation will share a whirlwind overview of buprenorphine in both the private practice as well as in Opioid treatment facilities. The pros and cons of MAT, course of treatment, along with use of Evzio use for overdose protocol will be addressed.

**Presenter: Dr. Bobby Kearney, MD**, Director of Medical Services at Addiction Recovery Medical Services. (A.R.M.S) in Statesville, NC. Dr. Kearney is Board Certified by the American Board of Addiction Medicine, the American Board of Pain Medicine, and the American Board of Anesthesiology.

#### **4. Pitfalls of Using Opioids for the Treatment of Chronic Pain**

Location: Rooms A & B

This session will review the fundamentals of pain and suffering, in terms of how to differentiate between acute pain and chronic pain, as well as exploring the neurobiology of pain. The epidemiology of the opioid epidemic will be discussed in context of the nature of opioid prescribing practices. In addition, medications that are used to treat chronic pain will be reviewed including non-opioid medications, as well as screening, entry, and exit strategies of rational prescribing.

**Presenter: Mel Pohl, M.D., FASAM**, is a Board Certified Family Practitioner. He is Vice President of Medical Affairs and the Medical Director of Las Vegas Recovery Center. Certified by ASAM, Diplomate of the American Board of Addiction Medicine, Diplomate and Fellow of the American Board of Family Practice. He is a nationally known public speaker and co-author of *Pain Recovery: How to Find Balance and Reduce Suffering from Chronic Pain* along with other books. His newest book is with Kathy Ketcham, *The Pain Antidote, Stop Suffering from Chronic Pain, Avoid Addiction to Painkillers, and Reclaim Your Life*, currently available at bookstores.

#### **5. Law Enforcement Innovations**

Location: Rooms G & F

This session will highlight opportunities for law enforcement to help address the Opioid epidemic, with a focus on Law Enforcement Assisted Diversion (LEAD). LEAD is a pre-booking diversion program developed with the community to address low-level drug crimes. The program allows police and sheriffs to redirect low-level offenders to community-based programs and services, instead of jail and prosecution. By diverting eligible individuals to services, LEAD is committed to improving public safety and public order, and reducing the criminal behavior of people who participate in the program.

**Presenter: Donnie Varnell** leads NC Harm Reduction Coalition's Law Enforcement Assisted Diversion (LEAD) program and law enforcement trainings and organizing program for NC Harm Reduction. Prior to working for NCHRC, Donnie was the Special Agent In-Charge for the NC State Bureau of Investigation's Diversion and Environmental Crimes Unit (DECU) where he developed policies, conducted and supervised investigations dealing with prescription narcotics and environmental violations. He was with the SBI from 1991 through 2015. Donnie received his BS in Criminal Justice from Texas State University in 1985.



## 6. Non-Narcotic Interventions for Pain Management

Location: Room E

This session will review alternative strategies for pain management including mindfulness, cognitive behavioral techniques, nutrition, meditation, exercise, support groups and medical procedures. The focus will be on treatment options useful for successful management of chronic pain and for use with patients in recovery from Substance Use Disorders.

*Presenter: Dr. Kashyap Patel, M.D.*, Board Certified Holistic and Integrative Medicine, Medical Oncology, Hematology, and Internal Medicine

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*Second Session Options - 10:30-11:45 a.m.*

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## 7. Suboxone: Who, What, When, Where and Why

Location: Rooms A & B

An explanation of Medication Assisted Treatment specific to Opioid Use Disorders. This session includes a review of current best practices in matching individualized outpatient care to the unique needs of the individual. There will be a discussion of Ambulatory Detoxification, Opioid Treatment Services, and an Integrated Care model.

*Presenter: Dr. Bobby Kearney, MD*, Director of Medical Services at Addiction Recovery Medical Services. (A.R.M.S) in Statesville, NC. Dr. Kearney is Board Certified by the American Board of Addiction Medicine, the American Board of Pain Medicine, and the American Board of Anesthesiology.

## 8. NC Good Samaritan Law Overview

Location: Room E

Attendees will be trained in how to use naloxone, a medication that reverses opioid overdoses, and learn about the Good Samaritan Law in NC.

*Presenter: Hyun Namkoong, MGH, MPH* has been a Health Journalist for NC Health News as well as a Strategic Communications Writer for the UNC Gillings School of Public Health. She has written and contributed to numerous publications on the topics of rural health health disparities, adolescent health, health research, health policy, and health innovations.

## 9. Panel Discussion: Partnership for Success Grant

Location: Media Room

The Strategic Prevention Framework-Partnership for Success Grant (SPF-PFS) is designed to address one of the nation's top substance abuse prevention priorities: prescription drug misuse and abuse among persons aged 12 to 25.

The program is based on the premise that changes at the community level will, over time, lead to measurable changes at the state level. Prevention is a proactive process that seeks to intervene prior to the need for treatment services. This breakout session will focus on the counties receiving the PFS Grant in Partners Behavioral Health Managements catchment area. Each of the recipients will share what they have accomplished and what they plan to accomplish. You will have an opportunity to ask questions and share your thoughts as well.

*Facilitator: Maceo Mayo III, CSAC, Certified Substance Abuse Prevention Consultant, Certified Peer Support Specialist, Prevention Services Coordinator for RHA/ARP in Gaston County*

### *Panelists:*

- *Dr. Melinda Pankratz, M.P..H, Ph.D, State PFS Coordinator*
- *Andrea Garraway, LCAS-A, LPC-A, Certified SA Prevention Specialist, Gaston County PFS Coordinator*
- *DeShay Oliver, Cleveland County PFS Coordinator*
- *Regina Propst, Iredell County PFS Coordinator*
- *Joe Marks, Burke County PFS Coordinator*
- *Jane Casarez, Project Lazarus Community Prevention Coordinator*
- *Donna Parks Hill, Project Lazarus Project Coordinator*

## 10. Pregnant Women with Opioid Addiction

Location: Room D

The Substance Treatment And Referral (STAR) Program began with an idea in 2012 and has evolved into a critical community initiative to more comprehensively outreach and serve pregnant women with Opioid Addiction. This session will describe the medical home model and clinical pathways maximizing active treatment of the Substance Use Disorder over the course of pregnancy through collaboration with responsive community providers. A needs assessment and thorough problem analysis resulted in the addition of peer support and transportation as critical components to a successful program.

*Presenter: Dr. Velma V. Taormina and other members of the Gaston County STAR Program*

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## 11. Keynote Presentation

# Why Integrate Addiction Care into Mainstream Medicine?

Location: Rooms A, B & C

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This keynote session will provide an explanation of Medication Assisted Treatment specific to Opioid Use Disorders. It will also provide a review of current best practices in matching individualized outpatient care to the unique needs of the individual, as well as a discussion of Ambulatory Detoxification, Opioid Treatment Services, and an Integrated Care Model.

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### *Dr. Thomas McLellan*

is the co-founder and Chairman of the Board of Directors at the Treatment Research Institute. He was the principal developer of the Addiction Severity Index (ASI) and the Treatment Services Review, widely used substance abuse instruments. He has served as an advisor to many government and nonprofit scientific organizations, including the Office of National Drug Control Policy, the National Practice Laboratory of the American Psychiatric

Association, the Swiss National Science Foundation, the World Health Organization, the Greek government and Public Health England. Additionally, Dr. McLellan has published over 400 articles and chapters on addiction research, and is the recipient of the distinguished Life Achievement Awards of the American and British Societies of Addiction Medicine.

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## **12. Pain and Addiction, Challenges and Controversies**

Location: Rooms A & B

Chronic Pain occurs as a complicated web of emotions and physical symptoms. The most common way to treat pain is to use opioid medications, which actually complicate the course of chronic pain. For some individuals who develop chemical dependency in addition to these medications, management and treatment for their condition can become much more complicated.

This session will review the interactions of pain, suffering, and addiction as they interface in your clients with suggestions for intervention and treatment.

**Presenter: Mel Pohl, M.D., FASAM**, is a Board Certified Family Practitioner. He is Vice President of Medical Affairs and the Medical Director of Las Vegas Recovery Center. Certified by ASAM, Diplomate of the American Board of Addiction Medicine, Diplomate and Fellow of the American Board of Family Practice. He is a nationally known public speaker and co-author of *Pain Recovery: How to Find Balance and Reduce Suffering from Chronic Pain* along with other books. His newest book is with Kathy Ketcham, *The Pain Antidote, Stop Suffering from Chronic Pain, Avoid Addiction to Painkillers, and Reclaim Your Life*, currently available at bookstores.

## **13. Expanding Naloxone Access in North Carolina**

Location: Media Room

North Carolina Harm Reduction Coalition staff will explain the coalitions naloxone distribution model and success in passing out overdose rescue kits and tracking reversals.

**Presenter: Hyun Namkoong, MGH, MPH** has been a Health Journalist for NC Health News as well as a Strategic Communications Writer for the UNC Gillings School of Public Health. She has written and contributed to numerous publications on the topics of rural health, health disparities, adolescent health, health research, health policy, and health innovations.

## 14. Panel Discussion: Partnership for Success Grant

Location: Rooms G & F

The Strategic Prevention Framework-Partnership for Success Grant (SPF-PFS) is designed to address one of the nation's top substance abuse prevention priorities: prescription drug misuse and abuse among persons aged 12 to 25. The program is based on the premise that changes at the community level will, over time, lead to measurable changes at the state level. Prevention is a proactive process that seeks to intervene prior to the need for treatment services. This breakout session will focus on the counties receiving the PFS Grant in Partners Behavioral Health Management catchment area. Each of the recipients will share what they have accomplished and what they plan to accomplish. You will have an opportunity to ask questions and share your thoughts as well.

*Facilitator: Maceo Mayo III, CSAC, Certified Substance Abuse Prevention Consultant, Certified Peer Support Specialist*, Prevention Services Coordinator for RHA/ARP in Gaston County

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- *Regina Propst*, Iredell County PFS Coordinator
- *Joe Marks*, Burke County PFS Coordinator
- *Jane Casarez*, Project Lazarus Community Prevention Coordinator
- *Donna Parks Hill*, Project Lazarus Project Coordinator

## 15. Panel Discussion: The Continuum of Care

Location: Room E

Discussion topics will include promoting engagement, matching clients with the appropriate levels of care, promoting positive treatment outcomes, coordination of care across providers and services, and successful discharge/transition planning. The panel will include representatives from primary care, Opioid Treatment Services ("methadone clinic"), Medication Assisted Treatment, and Substance Use Disorder specialty services (IOP, Comprehensive Outpatient, and halfway house services). The providers participating will be McLeod Center, Phoenix Counseling Center, Psychiatric Services of the Carolinas, and Rudisill Family Practice. These agencies provide a range of services treating Opioid Use Disorders and have been actively involved in a SUD Collaborative over the past year to improve communication and functioning of the Partners Behavioral Health Management continuum of care.

**Facilitator:** *Lynne Grey, MA, LPC, LCAS, CSI* is currently working as an MH/SUD Utilization Management Supervisor at Partners Behavioral Health Management. She received a BA in Psychology from the University of North Carolina at Chapel Hill and an MA in Community Counseling from Appalachian State University, along with a Graduate Certificate in Addictions Counseling. Her professional experience includes providing individual, group, and family therapy for adolescents and adults diagnosed with substance use disorders. Before coming to Partners, Lynne managed the Substance Abuse Intensive Outpatient Program (SAIOP) and Substance Abuse Comprehensive Outpatient Treatment (SACOT) programs at a local agency in Gastonia.

**Panelists:**

- *Kelli Haas, MA, CSAC, Program Director*, McLeod Addictive Disease Center
- *Kevin Oliver, MA, MPA, LCAS, CEO*, Phoenix Counseling Center
- *Corey Richardson, DHSc(c), MPAS, MBA, Clinical Director of Behavioral Health Services*, Rudisill Family Practice
- *Nilima Shukla, MD*, Psychiatric Services of Carolinas

## **16. Integrated Care/Evidence-Based Screening Tool for Rapid Identification of Substance Use Disorders and Mental Health Disorders**

Location: Room D

The early detection of substance use and mental health disorders often results in interventions that are less intensive than when detected late. Integrated and coordinated care in general healthcare improves the likelihood of early detection through screening and assessment and provides the ability to coordinate any interventions with other team-based healthcare providers. Attendees will explore the screening tools and best practice in integrated care to achieve the greatest impact with the lowest cost.

**Presenter:** *David Swann, LCAS, CCS, LPC, NCC*, Senior Consultant with MTM Services and National Council for Community Healthcare. Mr. Swann is a Licensed Clinical Addictions Specialist, Certified Clinical Supervisor, Licensed Professional Counselor, and is a National Board Certified Counselor. He also serves on numerous national, state and local boards whose programs are designed to deliver high quality health and behavioral healthcare. He is the co- author of *Operationalizing Healthcare Reform* published by the National Council for Behavioral Healthcare in April 2013. Most recently, David Swann's work has been highlighted in the manual *The Integration of a Mental Health Professional into the Primary Care Setting: A Manual For Pediatric Providers* (2009), and the *Open Minds Industry Feature: A Commitment to Make A Difference – Mental Health Reform in North Carolina* (2007).

## **17. Voices of Recovery**

Location: Rooms A, B & C

The closing session will feature individuals with lived experience in both addiction and long-term recovery. Through sharing of their unique personal journeys, we hope to remind attendees of the diversity of individuals impacted by this epidemic, inspire hope, and build awareness of Recovery Oriented Systems of Care. All three panelists entered the workforce to help others recover. They offer great feedback and insights into how the treatment system can be improved.

*Facilitator: Georgeina Koontz, MA, LCAS, CCS*

*Panelists:*

- *Cornelia Pringle, MS, LPCA, LCAS, CCS*
- *Marty Burton, CPSS*
- *Corey Richardson, DHSc(c), MPAS, MBA, LCAS*



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We are committed to providing quality, affordable training options for our providers, our members, and the communities we serve.



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