



PARTNERS
Behavioral Health Management

Moving From Programs To Support

September 17, 2015

Introductions

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Why we are doing this presentation?

- To modify our service array to come into compliance with Centers for Medicare and Medicaid services (CMS) Home and Community Based Standard rules.
- To modify our service array for Innovation's services using person-centered supports resource allocation.
- To share a different approach to the goals being carried out by Hope House.



Resource Allocation in an I/DD Service System

Why are states interested in Resource Allocation?

- Waiting lists
- Demographics
- Limited public dollars



Resource Allocation in an I/DD Service System

What are the advantages of Resource Allocation?

- Creates fair and equitable funding.
- Funding based on the individual's support needs.
- Data-driven decisions.
- Improved cost predictability.



Resource allocation is a means to an end rather than an end itself. It is not a budget-cutting exercise.

Our goals include:

- Facilitating self-determination and providing flexibility.
- Supporting persons with I/DD to have real lives in their community.
- Predictability and equity for consumers, families, and providers.



Support Intensity Goals

- The SIS® is used with Adults and Children for everyone on the waiver.
- Includes basic support need areas that predict the greatest success for individuals in community settings:
 - Home Living Activities
 - Community Living Activities
 - Health and Safety Activities



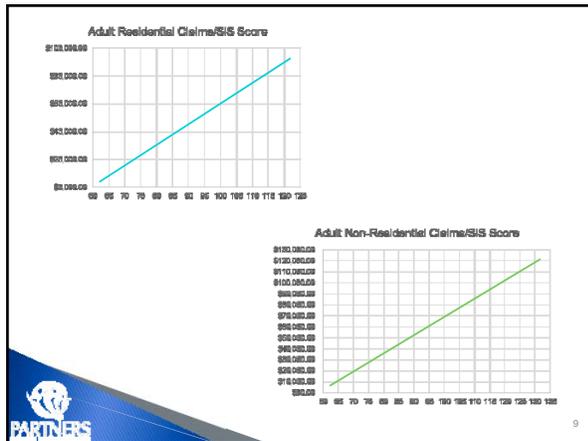
7

Support Intensity Goals

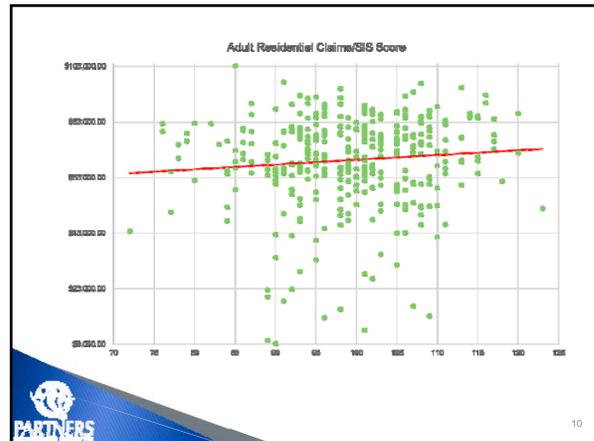
- Identifies extraordinary medical and behavior supports that are significant predictors in needs for support.
- Additional community safety risk questions.
- Individual is informed in writing of their opportunity and the process to raise concerns about the SIS® evaluation.
- Five years of SIS® data prior to initial implementation to ensure validity.



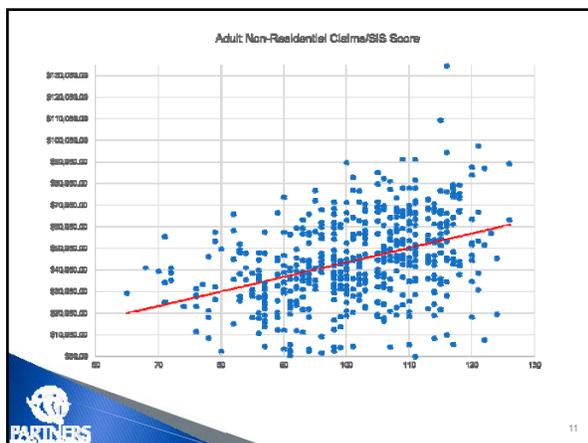
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9



10



11

What are we assessing?

The Self-Assessment is a site review of the following services:

- Innovations
 - Residential Supports
 - Day Supports
 - Supported Employment
- Community Alternatives Program for Disabled Adults
 - Adult Day Health



12

How can we promote community inclusion together?

- Identify barriers to community integration and target obstacles that prevent people from being full members of their communities.
- Provide supports that bring about meaningful changes in the lives of people.
- Expand the range of opportunities for people to participate in their communities as equal members.



13

Communities in North Carolina must be places where...

- You are side-by-side with everyone else at work and making a living wage.
- You control personal resources.
- You have a choice about services and supports and who provides them.
- You can be with friends and loved ones.



14

Our Focus: Promote Self-Advocacy

- Encourage communication and self-representation.
- Encourage and reinforce all efforts of assertiveness and problem solving.
- Develop opportunities at work, school and home for self-advocacy.
- Provide opportunities for leadership roles at work, school and home.



15

Our Focus: Promote Self-Advocacy

- Encourage everyone to speak in all settings.
- Teach about appropriate accommodation needs.
- Practice ways to share your disability and accommodation needs.
- Create opportunities to speak about the disability at work, school, home, church, business and community.
- Find peer groups with other individuals.



16

Our Focus: Promote Choice Making

- Identify strengths, interests, and learning styles.
- Provide choices about individual style, social activities, community events, and methods of learning new information.
- Hold high expectations for the individual.
- Teach individuals about their disability.
- Involve individuals in opportunities for self-determination/ self-advocacy in their work, home, school and community.



17

Our Focus: Promote Choice Making

- Speak directly to and with the individual.
- Involve the individual in decisions about all aspects of their life.
- Reasonably allow for mistakes and natural consequences.
- Listen often.



18

Consider...

"In the past, we found clever ways to build avoidance of risk into the lives of persons living with disability. Now we must work equally hard to help find the proper amount of risk people have the right to take. We have learned that there can be a healthy development in risk taking...and there can be crippling indignity in safety."

- Robert Perske



19

Where do we go from here?

- Lynne Seagle will present ideas about ways to move forward.
- Continue to educate yourself and others about these approaches.
- Reach out to Doug Gallion and/or Mike Forrester.



20

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21